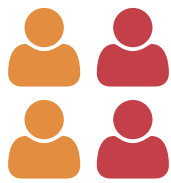


The State of Substance Use & Prevention

About **half** of people who experience a mental illness will **also experience** a substance use disorder, and vice versa.



- National Institute on Drug Abuse (NIDA)

About **17%** of Americans over 12 had a substance use disorder (SUD) and **11%** had an alcohol use disorder (AUD).



- U.S. National Survey on Drug Use and Health

There are various levels of outpatient care, from intensive outpatient programs (IOPs) to standard outpatient services.

Knowing the **full range** of treatment choices that are available can help individuals and families make **informed decisions**.



More than **65 million** Americans report **binge drinking** in the past month, which is more than **40%** of current alcohol users.

- National Institute on Alcohol Abuse & Alcoholism

130 Americans die from opioid overdoses **every day**.

- Health Resources & Services Administration

Smoking is the number one **preventable** cause of death in the U.S., killing over 480,000 people per year.

- American Lung Association



MYTH: People in recovery can only have sober friends.

Visit [LucetHealth.com](https://www.LucetHealth.com) to view the

Substance Use Prevention Toolkit