

# The State of Substance Use & Prevention

About **half** of people who experience a mental illness will **also experience** a substance use disorder, and vice versa.



- National Institute on Drug Abuse (NIDA)

**~17%** Americans aged 12 and older have battled an SUD, and **~11%** of Americans aged 12 and older had an alcohol use disorder (AUD) **in the past year.**

- U.S. National Survey on Drug Use and Health (2022)



There are various levels of outpatient care, from intensive outpatient programs (IOPs) to standard outpatient services.

Knowing the **full range** of treatment choices that are available can help individuals and families make **informed decisions.**



More than **65 million** Americans report binge drinking in the past month, which is more than **40%** of the total of current alcohol users.

- National Institute on Alcohol Abuse & Alcoholism

**130 Americans** die from opioid overdoses **every day.**

- Health Resources & Services Administration

**Smoking** is the number one **preventable** cause of death in the U.S., killing over 480,000 people per year.

- American Lung Association



**MYTH:** Addiction only refers to substance use.

Visit [LucetHealth.com](https://www.lucethealth.com) to view the **Substance Use Prevention Toolkit**