

A woman with dark hair, wearing a pink dress and a pearl necklace, stands in profile looking into an open refrigerator. The refrigerator is lit from within, showing several brown eggs on a shelf. The woman has her hand to her chin in a thoughtful pose. The background is a kitchen with shelves containing various items.

Eating disorders have
**the second highest
mortality rate**
of any mental illness.

80% of those struggling
never seek treatment.

#PracticeNourishment
#FeedingHope

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Eating Disorder Awareness Toolkit

Visit [LucetHealth.com](https://www.lucethealth.com) for more resources.

Sources: National Association of Anorexia Nervosa and Associated Disorders (ANAD)
American Psychiatric Nurses Association (APNA)

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