



A key assessment tool *for measurement-informed care*

Lucet's proprietary Behavioral Health Index (BHI®) is a comprehensive, clinically validated assessment tool that enables providers and health plans to take a holistic approach to care delivery.



Applicable across acuity spectrum

Based on a community-treated population



Clinically validated

Registered with the
Joint Commission and supported
by 15M+ assessments



Real-time outcomes

Continuous measurement
enables early intervention

How It Works

Clinical Foundation

Lucet's BHI has been refined over 25+ years to reliably and responsively evaluate a patient's overall clinical acuity. Holistic and transdiagnostic, the BHI leverages validated symptom scales (PHQ-2 and GAD-2) alongside subjective well-being and global functioning to understand a patient's acuity and inform interventions and treatment needs.

Continuous Assessment

Patients receive a new BHI score each time they complete an assessment. This is paired with an expected treatment response developed by the Lucet research team which creates a data curve for patients with a similar clinical profile, enabling timely and effective early intervention and treatment success.

Outcomes at Scale

Patient change is severity-adjusted and generated at the patient and provider level, providing a big-picture snapshot of overall patient outcomes.



Better inform patient *treatment and outcomes*

Lucet's NavConnect™ solution matches member needs to provider capacity in real time, streamlining access and speed to high-quality providers and clinically appropriate care — plus driving better patient outcomes. The BHI fuels effective provider matching via NavConnect, identifying patient acuity and risk during initial screening and providing the backbone of Lucet's measurement-informed care model throughout the care journey.

► All-in-One Provider Tool

The BHI is a tool to help clinicians make more informed decisions, tailor interventions to individual needs, and optimize outcomes — paving the way to value-based care.

► Empowered Members in Treatment

By accounting for actual patient experience and functioning, the BHI supports the patient journey and provides a launching pad to discuss overall health, enhancing the success of the therapeutic process.

► Population Health Tracking

By providing a universal screening tool, the BHI allows health plans to prioritize acute populations, ensuring that high-acuity patients receive the additional clinical support they need.

25+

years of
development

40%

improvement in BHI score
for members connected
with their top-matched provider

15M+

assessments
delivered



Your path to well-being.

Lucet is transforming health care by combining advanced technology with compassionate, whole health care. We deliver integrated behavioral health and medical services making care more connected, accessible and personalized than ever before. From in-home visits to behavioral health care navigation, we tailor every experience to meet every individual's unique health journey.

To learn more, visit LucetHealth.com